



Saamah Abdallah – researcher at the *centre for well-being*, **nef**, since March 2006.

Saamah Abdallah has an academic background in the natural sciences, having graduated from the University of Cambridge in Experimental Psychology, and having worked for two years as a research assistant, in Cambridge and at the University of Barcelona. He has also completed an MSc. in Democracy and Democratisation at University College London, where his dissertation explored views of deliberative democracy. As a volunteer, he has worked in the field of global and social issues education.

Saamah's work at **nef** has covered a full range of projects. His core expertise is quantitative, and he has led data analysis on several projects, including the Happy Planet Index reports, the Regional Indices of Sustainable Economic Well-being, the Neighbourhood Quality of Life Indices for Encams, and pilot analyses for Dumfries and Galloway's Wellbeing and Lifestyle Survey.

Saamah has also worked on the development of tools to measure subjective well-being, including projects for the BIG Lottery Fund and Caerphilly Local Authority. He is leading in a feasibility study of subjective and objective well-being indicators, as part of an international consortium contracted by Eurostat. Lastly, Saamah is interested in how the science of well-being can inform research into pro-environmental behavioural change.

Recent publications

Abdallah S, Thompson S, Michaelson J, Marks N and Steuer N (forthcoming) *The (un)Happy Planet Index 2.0: Why good lives don't have to cost the Earth* (London: **nef**).

Michaelson J, Abdallah S, Steuer N, Thompson S and Marks N (2009) *National Accounts of Well-being: bringing real wealth onto the balance sheet* (London: **nef**).

Thompson S, Abdallah S, Marks N, Simms A and Johnson V (2007) *The European (un)Happy Planet Index: An index of carbon efficiency and well-being in the EU*. London: **nef**.

Marks N, Abdallah S, Simms A and Thompson S (2006) *The (un)Happy Planet Index: An index of human well-being and environmental impact*. London: **nef**.

Moss HE, Abdallah S, Fletcher P, Bright P, Pilgrim L, Acres K and Tyler LK (2005) 'Selecting among competing alternatives: Selection and retrieval in the left inferior frontal gyrus' *Cerebral Cortex*, 15: 1723-1735.